

# COVID-19 RESOURCE GUIDE

*Developed by the Asian American Health Initiative, MCDHHS*

The Asian American Health Initiative (AAHI), part of the Montgomery County Department of Health and Human Services (MCDHHS) has developed this COVID-19 Resource Guide to support County residents in identifying resources to address various needs caused by the COVID-19 crisis.



Resource	Description	Website	Phone Number
<b>COVID-19 Testing:</b> <a href="https://montgomerycountymd.gov/covid19/testing.html">https://montgomerycountymd.gov/covid19/testing.html</a>			
COVID-19 County Testing Clinics	Offers COVID-19 testing to all Montgomery County residents. Walk-in clinics, no appointment needed.	<a href="https://www.montgomerycountymd.gov/covid19/testing.html">https://www.montgomerycountymd.gov/covid19/testing.html</a>	240-777-1755
No-Cost Home-Based COVID-19 Testing and Human Services Screening	Conducts medical services visits in <b>individual households only</b> ; not nursing homes, assisted living facilities, group homes, or shelters.	<a href="https://www.montgomerycountymd.gov/covid19/testing/home-based-testing.html">https://www.montgomerycountymd.gov/covid19/testing/home-based-testing.html</a>	240-777-1755
COVID-19 Testing Facilities	Provides COVID-19 testing in multiple facilities. Check the website or call before going to a test location to determine if the site allows walk-up testing or requires appointments.	<a href="https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf">https://www.montgomerycountymd.gov/covid19/Resources/Files/testing/COVID-19%20Testing%20Facilities.pdf</a>	Please visit the website to learn more about the different sites.
<b>Health Care Coverage:</b> <a href="https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html">https://www.montgomerycountymd.gov/HHS-Program/PHS/PHSProgramEligibility-p732.html</a>			
Maryland Health Connection	Serves as the health insurance marketplace in Maryland and enables individuals and families to compare and enroll in health insurance plans.	<a href="https://www.marylandhealthconnection.gov/">https://www.marylandhealthconnection.gov/</a>	1-855-642-8572
Office of Eligibility and Support Services (OESS)	Point of entry for residents interested in applying for county	<a href="https://www.montgomerycountymd.gov/HHS-">https://www.montgomerycountymd.gov/HHS-</a>	Call 311 (240-777-0311)

Updated: 08/31/2020

Resource	Description	Website	Phone Number
	programs. (Dental Clinic, Medicaid, SNAP, Energy Assistance Program, etc.)	<a href="https://montgomerycountymd.gov/covid19/get-help/food.html#call-center">Program/Program.aspx?id=PHS/PHSPProgramEligibility-p732.html</a>	
<b>Food Access:</b> <a href="https://montgomerycountymd.gov/covid19/get-help/food.html">https://montgomerycountymd.gov/covid19/get-help/food.html</a>			
Food Access Call Center	Refers and connects residents to various food providers such as free meal and grocery delivery, SNAP (Food Stamps), local food providers, and other resources in Montgomery County.	<a href="https://montgomerycountymd.gov/covid19/get-help/food.html#call-center">https://montgomerycountymd.gov/covid19/get-help/food.html#call-center</a>	<p>Call 311 (240-777-0311)</p> <p>To reach a specialist who speaks select Asian languages, please see the below contact information:</p> <ul style="list-style-type: none"> <li>• Chinese (AAHI): 240-777-4517</li> <li>• Korean (AAHI): 240-773-1105</li> <li>• Vietnamese (Association of Vietnamese Americans): 301-588-6862</li> </ul>
Food Assistance Resource Map	A mapped database of food assistance providers and benefits application assistance sites in Montgomery County, which is searchable by location, food assistance type, accessibility and many other special features	<a href="https://mocofoodcouncil.org/food-assistance-resource-map/">https://mocofoodcouncil.org/food-assistance-resource-map/</a>	
Supplemental Nutrition Assistance Program (SNAP)	Provides monthly financial benefits to eligible households (all persons in a residence who purchase and prepare food on a regular basis) to supplement their food purchasing budget.	<p>Application Website: <a href="https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home">https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home</a></p> <p>For more information: <a href="https://montgomerycountymd.gov/covid19/get-help/food.html#snap">https://montgomerycountymd.gov/covid19/get-help/food.html#snap</a></p>	<p>Call any number below to get help with SNAP application:</p> <ul style="list-style-type: none"> <li>• Montgomery County Department of Health and Human Services: 240-777-1003</li> <li>• Maryland Hunger Solutions: 866-821-5552</li> <li>• Catholic Charities SHARE Program: 301-864-3115/ 1-800-21-SHARE (toll free)</li> <li>• Spanish Catholic Center: 301-740-2523 (Gaithersburg) or 301-434-8985 (Wheaton)</li> </ul>

Resource	Description	Website	Phone Number
Food Assistance Flow-Chart	Details different food and grocery delivery options. Includes options for those who can pay to purchase groceries and options for those with more limited funds.	<a href="https://mocofoodcouncil.org/wp-content/uploads/2020/03/flow-chart.pdf">https://mocofoodcouncil.org/wp-content/uploads/2020/03/flow-chart.pdf</a>	N/A
<b>Housing:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html">https://www.montgomerycountymd.gov/covid19/get-help/housing-assistance.html</a>			
Energy Assistance Program	Provides bill assistance to low income households in Maryland to make energy costs more affordable.	<a href="https://dhs.maryland.gov/office-of-home-energy-programs/">https://dhs.maryland.gov/office-of-home-energy-programs/</a>	240-777-4450
Emergency Assistance Relief Payment (EARP)	Provides immediate financial assistance to households in need, especially those who are not eligible for federal or state COVID-19 aid. <b>Applications for this program are currently closed.</b>	<a href="https://www.montgomerycountymd.gov/HHS/RightNav/Coronavirus_EARP.html">https://www.montgomerycountymd.gov/HHS/RightNav/Coronavirus_EARP.html</a>	Call 311 (240-777-0311)
COVID-19 Rent Relief Program	Provides short term rental assistance to households who have experienced a financial loss due to the COVID- 19 pandemic that has caused them to fall behind on their rent. <b>Applications for this program are currently closed but you can join the wait list. To join the wait list, please create a Service Request online or call 311 (240-777-0311).</b>	<a href="https://montgomerycountymd.gov/HHS/RightNav/COVID19_RentReliefProgram.html">https://montgomerycountymd.gov/HHS/RightNav/COVID19_RentReliefProgram.html</a>  <b>Link to Create a Service Request:</b> <a href="https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-6XPXOU">https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-6XPXOU</a>	Call 311 (240-777-0311)
Rental Assistance Program (RAP)	Assists low income individuals with rental costs for households who meet program eligibility criteria (age, income, disability, etc.)	<a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=SNHS/SNHSRental-p743.html</a>	240-777-4400
Housing Opportunities Commission (HOC) COVID- 19 Rental Assistance Program	Provides financial assistance in the form of a rent subsidy payment	<a href="https://www.hocmc.org/extra/878-covid-rental-assistance-program.html">https://www.hocmc.org/extra/878-covid-rental-assistance-program.html</a>	240-627-9400

Resource	Description	Website	Phone Number
	for people who have lost income during COVID-19. Application submissions for this program open Tuesday, August 18, 2020 at 10:00 am and close on Monday, August 31, 2020 at 2:00 pm.		
<b>Employment &amp; Financial Assistance:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html">https://www.montgomerycountymd.gov/covid19/get-help/financial-assistance.html</a>			
Unemployment Insurance	Pays benefits to workers who have lost their job through no fault of their own.	<p>Unemployment Insurance Contact Information: <a href="http://www.dllr.state.md.us/employment/officenum.shtml">http://www.dllr.state.md.us/employment/officenum.shtml</a></p> <p>Information for Unemployment Insurance Applicants: <a href="http://www.dllr.state.md.us/employment/uibenefits.shtml">http://www.dllr.state.md.us/employment/uibenefits.shtml</a></p> <p>Maryland Unemployment Insurance Claimant Guide:</p> <ul style="list-style-type: none"> <li>English: <a href="http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.pdf">http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.pdf</a></li> <li>Chinese: <a href="http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.tzh.pdf">http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.tzh.pdf</a></li> <li>Korean: <a href="http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.tko.pdf">http://www.dllr.state.md.us/employment/clmtguide/uiclmtamphtml.tko.pdf</a></li> </ul>	1-800-827-4839
WorkSource Montgomery	Provides a range of support services for job seekers including resume feedback, interview preparations, job listings, etc.	<p>Current Job Opportunities: <a href="https://worksourcemontgomery.com/blogs/current-job-opportunities/">https://worksourcemontgomery.com/blogs/current-job-opportunities/</a></p> <p>Career Support:</p>	240-406-5485 (Germantown) 301-929-6880 (Wheaton) 240-283-1500 (Young Adult Program)

Resource	Description	Website	Phone Number
		<a href="https://worksourcemontgomery.com/career-support/what-we-offer/">https://worksourcemontgomery.com/career-support/what-we-offer/</a>	
<b>Mental Health:</b> <a href="https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html">https://montgomerycountymd.gov/covid19/get-help/mental-health-wellness.html</a>			
24 Hour Crisis Center	Provides free crisis services 24 hours a day/ 365 days a year, which includes full crisis assessments and treatment referrals for all crises, both psychiatric and situational.	<a href="https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHC S24hrcrisiscenter-p204.html">https://montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHC S24hrcrisiscenter-p204.html</a>	240-777-4000
EveryMind	Offers a host of mental health services including a free 24/7 hotline with phone, text, and chat specialists.	<a href="https://www.every-mind.org/7493-2/">https://www.every-mind.org/7493-2/</a>	301-738-2255
Mental Health/Substance Abuse Screening and Referral Program (also known as ACCESS to Behavioral Health)	Provides assessments and linkages for uninsured, low income persons of all ages who are in need of services for major mental health and/or substance abuse problems	<a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHC SACCBehavhealthsvcs-p239.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHC SACCBehavhealthsvcs-p239.html</a>	240-777-1770
Asian American Health Initiative (AAHI) COVID-19 & Mental Health Video Series	Library of short videos to help viewers maintain their mental health during the COVID-19 crisis. Videos are available in English, Chinese, Hindi, Korean, and Vietnamese.	<a href="https://aahiinfo.org/">https://aahiinfo.org/</a>	240-777-4517
<b>Senior &amp; Caregiver:</b> <a href="https://www.montgomerycountymd.gov/covid19/get-help/seniors.html">https://www.montgomerycountymd.gov/covid19/get-help/seniors.html</a>			
Aging and Disability Resource Unit (ADRU)	Provides personalized hands on assistance, referrals to services and specific information to seniors, people with disabilities and caregivers over the phone and in person.	<a href="https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=ADS/ADSA DSResourceUnit-p179.html">https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=ADS/ADSA DSResourceUnit-p179.html</a>	240-777-3000
Caregiver Support Program	Provides numerous factsheets, brochures, videos, and guides related to resources for family caregivers.	<a href="https://www.montgomerycountymd.gov/senior/caregiver.html">https://www.montgomerycountymd.gov/senior/caregiver.html</a>	N/A

Resource	Description	Website	Phone Number
<b>Multilingual COVID-19 Help Lines</b>			
Patient Navigator Program (PNP)	Provides general health information and navigates callers through the extensive network of local resources and services available to County residents.	<a href="https://aahiinfo.org/patient-navigator-program/">https://aahiinfo.org/patient-navigator-program/</a>	Main Telephone: (301) 760-7050 Toll Free: (866) 403-1566 Press #1 for Chinese Press #2 for Korean Press #3 for Hindi Press #4 for Vietnamese
Chinese Culture and Community Service Center (CCACC)	COVID-19 Informational hotline for Chinese-language speakers. (9 am - 6 pm)	<a href="https://www.ccacc-dc.org/">https://www.ccacc-dc.org/</a>	301-798-6001
Korean Community Service Center of Greater Washington (KCSC)	COVID-19 informational hotline for Korean language speakers. (8 am - 4 pm)	<a href="http://www.kcscgw.org/">http://www.kcscgw.org/</a>	240-683-6663
Vietnamese American Services	COVID-19 informational hotline for Vietnamese language speakers. (9 am - 5 pm)	<a href="https://vasusa.org/">https://vasusa.org/</a>	301-646-5852

Contact the AAHI with any questions:

Telephone: 240-777-4517

Email: [info@AAHIinfo.org](mailto:info@AAHIinfo.org)

Website: [www.AAHIinfo.org](http://www.AAHIinfo.org)

AAHI will update this guide on a regular basis on our website, you can also access on our website:

<https://aahiinfo.org/aahi-resources/>

If you would like to be on the email distribution list to receive notifications of these updates, please email Sophia Yoon at

[Sophia.Yoon@montgomerycountymd.gov](mailto:Sophia.Yoon@montgomerycountymd.gov).